



Holy Savior Academy

*The Middlebrook Deanery
Catholic School*

Health/Safety Guidelines

2021-2022

149 South Plainfield Avenue
South Plainfield, New Jersey 07080
Telephone: (908) 822-5890
Fax: (908) 822-5891



Holy Savior Academy will provide full-day, full-time, in person instruction and operations for the 2021-2022 school year. Guidelines established by the Diocese of Metuchen and the New Jersey Department of Health will be followed. These guidelines include a range of strategies that will be implemented to reduce risks to students and staff from COVID-19 while allowing for fulltime in-person learning. Data will continue to be monitored and all decisions will be guided by close consultation with our local and county public health officials to ensure that we maintain a safe and healthy school community. Updates will be communicated to our families as they become available.

Mandates

Vaccinations

- All preschool through grade 12 school personnel including teachers, full or part-time, all substitutes, aides, clerical workers, cafeteria workers, maintenance staff—anyone in the school, are required to complete a full vaccination course.
- If an employee chooses not to be vaccinated, that person must undergo COVID testing on a weekly basis.
- Full compliance is required by October 18.
- Applies to all public, private, and parochial preschool programs and elementary and secondary school.

Masks

- Consistent and correct mask usage Executive Order 251 mandates that, “all faculty, staff, students and visitors to any school building are required to wear masks regardless of vaccination status, in the indoor premises of school buildings.”
- Applies to all individuals in public, private and parochial preschool and elementary and secondary schools.
- Exceptions include the following:
 - Documented Medical Condition
 - Eating and drinking
 - Playing a musical instrument, singing
 - Gym class when students are six feet apart
 - Outdoor gym class or recess

General Guidelines

Physical Distancing

- The CDC recommends schools maintain at least 3 feet of physical distance between students to help reduce transmission risk.
- As feasible, maintain cohorts or groups of students with dedicated staff who remain together throughout the day, including at recess, lunch time, and while participating in extracurricular activities.

Screening and Monitoring by School Nurse

- Promptly identify individual cases
- Communicate with CDC to identify individual cases, clusters and outbreaks
- Provide separate space for newly identified case

Handwashing and Respiratory Etiquette

- Prevent spread of infectious illness, soap will be provided in all restrooms and students will be instructed to wash thoroughly after use of the restroom.
- Assist and observe young children to ensure proper hand washing.
- Hand sanitizer will be provided in all classrooms, the lunchroom, and common areas
- Hand sanitizer will be provided at each entrance.
- Students and staff will be encouraged to cover coughs and sneezes with a tissue during those limited instances when the individual may be unmasked.

Ventilation

- Proper ventilation of each room will be maintained.
- As much outdoor air as possible will be brought into each room.
- Windows and doors will be opened.
- Child-safe fans will be used to increase the effectiveness of open windows.
- When possible, activities, classes, or lunches will be held outdoors.

Limit Use of Shared Supplies and Equipment

- Adequate supplies will be maintained to minimize sharing of high-touch materials or use of supplies by one group of students at a time will be limited.
- Cleaning and disinfecting will occur routinely and between use.
- Hand hygiene practices will be encouraged between use of shared items.

Cafeteria

- Students will have lunch in the cafeteria.
- There will be three lunches each day; physical distance and student cohorts will be maintained.
- Surfaces will be cleaned after each lunch.

Staying Home When Ill

- Important to stay home when feeling ill
- During the 2020-2021 school year, parents were exceptionally vigilant about keeping their child/children home when they felt sick. This partnership with the school was critical for keeping illness out of the school. We encourage our parents to monitor their children for signs of illness every day.
- The school nurse will monitor students, visitors, faculty, and staff to ensure wellness safety.
- General rule: “If student has a fever of 100.4F or higher, or if the student shows any symptom of COVID-19 (or other illness), they should not come to school and should visit a physician.
- Notable symptoms of COVID-19 include the following:
 - Fever
 - Chills
 - Cough
 - Shortness of breath
 - Sore Throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- If your child/children are sick, the following steps can navigate the next steps in the safety process:
 - Vaccinated Individuals:
 - At this time, any fully vaccinated individual who comes in close contact (6 feet or less) with someone who tests positive for COVID-19, will **NOT** be required to stay home.
 - These individuals will be asked to self-monitor for 10 days.
 - Although not required, testing on the 5th day is recommended.
 - Unvaccinated Individuals
 - Those who come in close contact with someone who tests positive for COVID-19, must quarantine and may return on the 8th day provided they receive a negative test result on the 5th day.
 - The person who tests positive must remain home for 10 days.
- If a child/children are absent due to COVID-19, remote instruction will not be provided. Students will be provided all missing assignments and it will be considered a regular absence.
- If there is a declared state of emergency, declared public health emergency, or a directive or recommendation by the appropriate health agency, decisions will be made and information will be provided.

Travel Guidelines

- As stated in our Parent/Student Handbook, travel during the regular school calendar is discouraged.
- Travel within NJ and Adjacent States (NY, PA, and DE)
 - Vaccinated Individuals: No restrictions; no notification required.
 - Unvaccinated Individuals: No restrictions; No notification required.

- Domestic and International Travel (other than states listed above)
 - Vaccinated individuals: notify the school upon return to NJ; provide proof of vaccination; monitor any possible symptoms; no quarantine required.
 - Unvaccinated individuals: notify school upon return to NJ; quarantine period: 10 days symptom-free from date of return to area or 7 days from date of return to area with valid negative test within two days of return to school (test as early as day 5 for day 7 return to school).

Cleaning and Disinfecting

- The building will be cleaned and disinfected daily
- If the building has been exposed to a person who has become sick or exposed to COVID-19, the building will be sanitized and disinfected promptly.
- General sanitizing/disinfecting will occur repeatedly throughout the school day especially after snack and lunch and after the use of supplies and equipment.

Visitors

- Visitors will be allowed in our buildings.
- Visits will be limited.

Health and Safety

- Student, Teachers and Staff will have resources to support their physical and mental health.

Transportation:

- Masks must be worn by all passengers on buses, regardless of vaccination status per CDC Federal Order.

Before and Aftercare Programs

- Both programs will be offered.
- Both will adhere to masking, social distancing, and cleaning guidelines.

Closing

As always, your willingness to adhere to these guidelines, and your cooperation is greatly appreciated for the safety and welfare of the students and staff. We recognize that open communication is of the utmost importance so you will be notified of any changes.

We continue to pray for our community as we move forward with these plans into the 2021-2022 school year.

Health/Safety Guidelines Task Force

Rev. John P. Alavarado, Pastor
 Ms. Carol Woodburn, Principal
 Mr. Phil Emma, Technology

Sacred Heart Church
 Holy Savior Academy
 Holy Savior Academy

Ms. Kim Kane, Owner
Ms. Deborah Pinto, Nurse
Ms. Cindi Sammons, Teacher
Ms. Melodie Sidun, Parent & Member
Ms. Sharon Strack, Chairperson

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Holy Savior Academy Board of Limited Jurisdiction
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