

Promoting Teen Chastity

Focusing on Sexuality, Spirituality and Self- Respect

Teacher

Comments

"I have been teaching religious education for more than 20 years. Thank you for last night's wonderful presentation Because I'm Worth It. In my opinion, this type of presentation should be mandatory for all parish religious education programs."

"The event is very worthwhile. I highly recommend it for all 8th graders."

"We must continue to get the word out!"

"The talk by Pam Stenzel was fantastic, inspirational and much needed by this audience."

"Have workshops for teachers and parents too!"

"Contact every school in New Jersey and offer this program!"

"The high school students were excellent role models for the 8th graders."

"Our 8th graders received an important message today."

"These workshops are essential to educating children about this topic."

"Please have more of these programs for 8th graders!"

8th Grade Student Comments

"I enjoyed the day a lot! Pam was awesome!"

"I learned that there are many sexual diseases."

"The day was informative and interesting and Pam Stenzel was amazing."

"I learned how to say no to sex."

"I learned that condoms do not always protect you from diseases."

"I learned to make the right choice and set boundaries."

"I learned it is okay to be a virgin."

"I learned about the consequences of sex today."



"Having pre-marital sex brings you further away from God."

"Can Pam visit our individual schools?"

"I learned today that my body and character are priceless!"

"All my questions were answered."

right path in life."

"Since I wasn't looking forward to attending the program

(I'm being honest),

I was pleasantly surprised at how much I and the parents around me enjoyed it. I know that the program's message got through to my daughter and her friend."

"It was great for kids to hear that sex is good - they just need to wait."

"Open programs like this up to more students"

"Please make Teen Outreach Events available to all 8th graders in the Diocese."

"Every parish should have a mandatory attendance."

"The skits were well done and informative."

"I've been wanting to hear Pam speak and am so happy to be here. It was worth it!"

Parent Comments

"I thought the speaker was amazing - she captivated everyone."

"My daughter and I attended Because I'm Worth It! I was very impressed by the energy of the speaker and by her ability to reach these kids with a message that they did not necessarily want to hear."

"Pam Stenzel was very powerful and really seemed to get through to the young adults."

"I would highly recommend this workshop to be given again in the future. With all that is going on with the media and music, teenagers today need all the help they can get to take the